



Mental health care from your favorite chair



CVS Virtual Care® offers mental health support and services on your schedule, all from the comfort of home. No traffic, no waiting rooms — just support.

Our trusted, board-certified providers are here every step of the way, from initial counseling to follow-up care. That includes:



Therapy sessions



Psychiatric evaluations and medication management, if needed



Specialized care for depression, anxiety and postpartum depression

Your virtual primary care provider can also help manage your care as part of your ongoing treatment.

As part of your Aetna® health plan, you have access to CVS Virtual Care®

Schedule a visit at **[CVS.com/virtual-care](https://www.cvs.com/virtual-care)** or by scanning the code



If you're experiencing a mental health crisis, immediately call or text **988** to reach the **988 Suicide & Crisis Lifeline**. You can also contact **Crisis Text Line** by texting **HOME** to **741741**. If you're an immediate danger to yourself or others, call **911** or go to the nearest emergency room. Prioritize safety and seek professional help.

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CVS Health Virtual Primary Care® and CVS Health Virtual Care® services are only available in the US. Limitations may apply based on service, location or health plan. Members enrolled in qualified high-deductible health plans must meet their deductible before receiving covered non-preventive services at no-cost share. Adolescent mental health services are limited to counseling only; mental health medication management and psychiatry services remain available only for adults 18+. Controlled substances not prescribed.