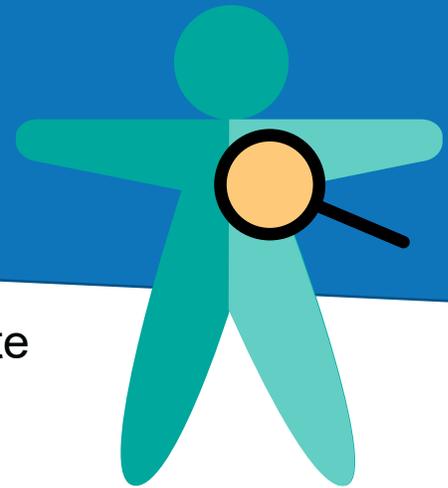


What is a biometric screening and why is it important?



A biometric screening is a quick 10-12 minute health test that includes bloodwork and physical measurements.

Why is it important?

Annual biometric screenings keep you informed of what's happening to your body. The most common and serious health conditions affecting people often go unnoticed. Diabetes, hypertension/high blood pressure, and heart disease develop slowly overtime and may not have obvious warning signs. Knowing your numbers and understanding what they mean can help you take charge of your overall health and wellbeing.

You'll be tested for the following:

- > Total cholesterol
- > HDL
- > LDL
- > Triglycerides
- > Glucose
- > Blood pressure
- > Height
- > Weight
- > Body mass index
- > Waist circumference
- > Metabolic syndrome

What happens after the screening?

In order to understand your numbers and results, after you have completed your screening the Wellness Technician will review your results with you. In addition to your results overview, you'll have access to an online results portal which includes a results dashboard report, a risk stratification report, the ability to send results to your doctor, and animated educational videos all intended to further increase your understanding of your results.

