



The Transform Diabetes Care® Program



Helping employees with diabetes thrive

Diabetes is one of the most common and costly health conditions. The number of patients diagnosed continues to grow each year, and the condition is often complex to manage.

That's why we offer Transform Diabetes Care, a personalized, comprehensive approach to diabetes management. Powered by proprietary analytics, Transform Diabetes Care helps close gaps in care, based on the needs of each member. So your employees living with diabetes get access to better resources and support, both in person with local pharmacists and clinical providers, and virtually with Aetna® care managers.

The result:

positive health outcomes that keep your employees on a path to better health.



What makes Transform Diabetes Care different

Diabetes care today is one size fits all, focusing on glucose meters and lifestyle management — the same solutions for the same price, whether they're needed or not. Transform Diabetes Care goes beyond these two areas and focuses on five clinical intervention categories, which is the key to the individualized care that we provide. And with our program, you can save 2:1 ROI across your entire population.

We take the guesswork out of diabetes management and offer personalized support with:

- Taking the right medication
- Adherence to medication
- Preventive screenings
- Lifestyle and comorbidity management
- Monitoring blood glucose

A holistic approach to living with diabetes

Every member's experience with diabetes is different. With Transform Diabetes Care, we deliver the right support to your employees at every step — no matter where they are on their path to better health.

- A personalized experience based on risk level
- Coaching from Certified Diabetes Care and Education Specialists and access to digital resources
- Local, face-to-face care delivery and condition support with CVS® pharmacists, and at CVS HealthHUB® and MinuteClinic® locations
- Two MinuteClinic vouchers for comprehensive diabetes visits at no additional cost to members, paired with proactive screenings and other support at MinuteClinic locations

Diabetes is prevalent, complex and expensive



+25%

of people with diabetes live in rural areas¹

~34M

of the U.S. population over age 18 have diabetes²



70%

remain uncontrolled over 12 months³

73%

of people with diabetes also have high blood pressure⁴



>\$16,000

is the average cost per year to manage diabetes⁵

2.3x

higher cost for members with diabetes compared to those without⁵

For more information, please contact your Aetna representative.

¹NPR/Robert Wood Johnson Foundation/Harvard School of Public Health. Life in Rural America: Part II. May 2019. Available at: media.npr.org/documents/2019/may/NPR-RWJF-HARVARD_Rural_Poll_Part_2.pdf. Accessed June 10, 2020.

²Centers for Disease Control and Prevention. National diabetes statistics report 2020: estimates of diabetes and its burden in the United States. Available at: [CDC.gov/diabetes/pdfs/data/statistics/national-diabetes-statistics-report.pdf](https://www.cdc.gov/diabetes/pdfs/data/statistics/national-diabetes-statistics-report.pdf). Accessed May 8, 2020.

³Internal Aetna book of business data.

⁴Khangura DS, Salam MW, Brietzke SA, et al. NCBI. Hypertension in diabetes. February 14, 2018. Available at: [ncbi.nlm.nih.gov/books/NBK279027/](https://www.ncbi.nlm.nih.gov/books/NBK279027/). Accessed May 8, 2020.

⁵American Diabetes Association. The staggering costs of diabetes. March 22, 2018. Available at: [Diabetes.org/resources/statistics/cost-diabetes](https://www.diabetes.org/resources/statistics/cost-diabetes). Accessed May 8, 2020.

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