

Introducing PeopleEQ

Your one-stop shop for employer communications and wellbeing programming.

Features:

- Available On Both Mobile App and Desktop Website
- Employer Benefit Information and Resources
- Ability to Integrate Devices and Track Activity through Text Messaging
- Holistic Health Assessment with Recommendations
- Personalized Health Journey on Dimensions of Wellbeing, Habits, and Health Conditions
- Health, Prevention, and Wellbeing-focused Activities
- Educational Courses and Content
- Company, Peer-to-Peer, and Personal Challenges

Sign Up Starting on January 1, 2025!

Dimensions of Wellbeing

• Emotional

• Financial

• Occupational

• Physical

• Purpose

• Social

